

# Word of the Month: INSPIRING

By Sarah Gudgeon

1. Tick the six adjectives that can be used to describe a person who is inspiring.

brave                      determined                      dishonest                      fair  
optimistic                      dedicated                      honest

2. Match each adjective from exercise 1 with its definition.

- a. They never give up.....
- b. They always tell the truth.....
- c. They always do the right thing.....
- d. They are very committed.....
- e. They are always positive.....
- f. They are never scared.....

3. Complete the summary with the adjectives from exercise 1.

A person who is inspiring should be.....  
.....  
They should make other people want to make a difference and to be the best person that they can be.

4. Can you add any more adjectives to the list in exercise 1?

5. Describe an inspiring person you know: What did they achieve or what have they achieved in their lifetime? Why were/are they inspiring?

.....  
.....  
.....  
.....

## Teacher's Notes

1. Tick six adjectives that describe an inspiring person.

Tick all of them apart from 'dishonest'. Dishonest is a negative adjective.

2. Match each adjective with its definition.

- a. They never give up: **determined**
- b. They always tell the truth: **honest**
- c. They always do the right thing: **fair**
- d. They are very committed: **dedicated**
- e. They are always positive: **optimistic**
- f. They are never scared: **brave**

3. Complete the summary.

A person who is inspiring should be **brave, determined, fair, optimistic, dedicated** and **honest**. They should make other people want to make a difference and to be the best person that they can be.

4. Put the students into teams, give them 30 seconds to come up with more adjectives. Suggested answers:

*strong*                      *tireless*                      *courageous*                      *positive*                      *altruistic*                      *focused*

5. Before exercise 5, elicit the names of some famous inspirational people. Use magazine cut-outs of famous faces to get the class started. Suggested answer:

*Mother Teresa was a nun who helped the poor people who lived in the slums in Calcutta, India.*

*She was, and still is, inspiring because she dedicated her life to helping others.*

*She received a Nobel Peace Prize for her humanitarian work in 1979.*

*She was made a saint in 2016.*